sherker he has hit the nail on the head and he's only been saying what I've been saying for the last however many years I've been talking about Med beds there's nothing different he just presented in a different way from his own perspective but at the end of the day the information is identical I've been saying from the beginning if you don't work on yourself mind body and spirit if you don't take responsibility for your health if you're stuck in the victim mode okay you'll be asked to go and do a three-month program to get yourself prepared for The Med beds um it's exactly the same he thinks Jason believes that the med beds is a crime against humanity I somewhat agree somewhat if you are not taking sponsibility for your health and you are sitting down watching videos all day or DVDs playing video games eating loads of junk food not exercising being an a-hole guess what you're not going to be able to go into a med bed until you get up you change your lifestyle you take responsibility you get out of victim mode doesn't matter what your health is like it doesn't matter what has been done to you doesn't matter what disease or illness you have if you're sitting on your ass all day bitching and complaining and whinging how ill and disabled you are if you're not making any effort to take responsibility you're not going into mid bed because Med beds are here to assist you assist you in your health they're not here to get you healthy I've been saying this from day one day one you have to take responsibility for your health this whole sitting around in pain saying I can't I can't that's not going to get you in a med bed you need to be able to let's have an example okay I'll use myself because whatever for 10 years I had excruciating shoulder pain from quite a few very nasty horse riding Falls which destroyed my shoulder

2:31

okay I've had three major shoulder surgeries etc etc years of physio cortisone injections experimental pain medication therapy you name it I've had it I it's just 10 years of I want to die okay every night I went to bed crying my eyes out crying to sleep wishing I would not wake up in the morning but never really had the guts to actually do it okay but in the meantime my love of horse riding continued okay I didn't sit on my ass loading myself with painkillers watching TV feeling sorry for myself I kept riding I was competing horses at International level while I could barely breathe and almost passing out from the amount of pain so it's very simple you have two choices when you have that situation you can sit down and be in and out of hospital and cry your eyes out all day and feel sorry for yourself or you can get up work through the pain and continue it's it's a choice it is a choice now people with back pain same thing there's gentle exercises you can do and what happens when you exercise you feel better because your body is moving when you sit around going I'm so sore I'm so sore I can't do anything that's when you get SORA and that's where your focus goes so you get SORA you get more painful get up do something go for a walk work through the pain okay the pain is only in the mind if you allow it okay it is what you allow that becomes okay so Jason has said nothing different than what I've been saying the whole time take responsibility start working on yourself start doing exercise start going for a walk join a gym you know it's really really simple and I know you're going to sit there and say no it's not you don't know what it's like yeah I do I do know what it's like try writing 25 race horses a day and then writing your own three-day event horses your own competition horses seven days a week when you can barely breathe and feel like you're going to throw up and pass out every single day yeah I know I've been there I've done it I did it for 10 years okay I did it for 10 years so you know it's it's doable it's doable but it starts in the mind your physical 5:25

body starts in the mind this is why I always say you're physical life is 90 mental and 10 physical your thoughts control your your brain or your thought your thoughts control your mind your mind controls your brain your brain controls your body it all starts in your thoughts all in your thoughts that's all physical life is it's perception it's what you allow it's what you focus on that's what you're thinking it's all in the mind yes we have physical ailments yes we have pain yes we have disabilities again it comes down to your perception if you want to stay in fit in victim mentality I can't because your med bed appointment will be delayed until your mind becomes I can because okay Med beds are not here to make you healthy they're here to assist you in your health it all starts in the mind and this is what the Healing Centers are for this is why The Healing Centers will exist it's not so much for rehabilitation after a med bed except to connect the mind or the brain back to a missing limb or a limb that was missing you walk out of the med bed in perfect health unless you've been you know you've lost the use of your limbs or something then you actually need the brain limb connection which is where you'll go for that rehab to a Healing Center but The Healing Centers are all about the mind and only a small portion of the physical it's your diet it's your thinking okay I'll give you an example I don't like talking badly about people you guys know that but I'm going to use this because it is the perfect example of someone who will not be able to get into a med bed for quite some time all right my sister-in-law the biggest narcissistic nasty that walks this planet okay spawn of Satan okay yeah Satan itself okay now this person is unhealthy and extremely well uh protected against a fake thing that ran around the last couple of years was doing the rounds on mainstream media you know what I'm talking about without without actually saying it very proud to be fully protected against this fake thing um and the nastiest piece of work you'll ever meet right now Med beds come out she picks up the phone she calls the number she books an appointment she goes for her skin okay they find that she's got a whole list of medical issues all right now the med bed team the person that is sitting there in the office talking to

8:41

to her about her scam and what she needs

8:44

doing and all that in the med bed what have you been doing to improve your health I take the dog for a walk twice a day okay anything else mind you this lady is very large which is no judgment it's I'm just giving you the facts so you can get the picture okay what have you been doing taking the dog for a walk twice a day okay what else have you been doing silence oh you know my weight is hard to control because I've had three kids okay fair enough many women you know expand sometimes increasing more and more but what are you doing to control that have you changed your diet no have you joined a gym no my knees hurt okay have you changed your attitude no what else have you done it's really painful all day so what okay what is it you expect to what treatment do you expect from the med bed what is it you want to walk away with from your med bed procedure I want to be 50 kilos and stick thin and beautiful and perfect okay what are you doing to achieve that now nothing it's unachievable Right Bingo there it is it's unachievable okay that comes from the mind not the body the mind guess what this lady has just put on a three-month mind body and soul development program bingo after that three months if she has made a true effort really tried hard to get her mind body and and physical health in shape then she will receive she'll go back for another scan and if if she is true and she has definitely made the effort not just physical to get her body in shape but her mind as well she may need another month or she may be able to go into a procedure straight away this is where the Healing Centers come in okay so the whole idea for the med beds is to elevate your Consciousness to a minimum of 4D a 4D before going into the med bed so every one of 3D can be healed can be treated but the whole idea of the med beds is to get you to improve yourself mind body and soul mind body and spirit however 11:46

you want to put it before you get your treatment that's been not the idea the entire time and I've been telling you this do what you can now look after yourself now start developing yourself now okay I haven't been saying those things for no reason all right the whole idea of the med beds is to elevate your consciousness an intern an elevated Consciousness elevates your health to a more healthier you mind body and soul okay Med beds are just to assist your health they're not there to make you healthy okay if you're not ready for it or you don't look after yourself now you don't make any effort now then your med bed treatment will be constantly delayed until you do I have said this a thousand times you need to do what you need to do now mind body and soul just looking after your physical body is not going to get you in a method just looking after your mental health and changing your perspective is not going to get you in a med bed mind body and soul the three you have to be aligned with the three okay because if you just sit around playing video games all day um don't exercise eat junk food all day make no effort whatsoever to take care of yourself because the med bed will fix me know the med bed is not going to fix you you're going to be very very isappointed because now you actually have to take responsibility and get out of that victim mode it's like doing the most dangerous things jumping out of out of an airplane and not worrying if you're going to pull you know release the shoot or not the parachute because if you splatter the med bed will fix you no the med bed won't fix you because you chose to not open that parachute just so you could go in a med bed because the med bed's there so you know why should I take responsibility for my health so I agree with Jason when he says Med beds are a crime against humanity if everyone was allowed to go in a med bed that took no responsibility for themselves then there would be no accountability there would be no lessons learned there would be no responsibility taken for your own health because I'll just jump into my bed it doesn't work like that you need to take responsibility and look 14:22

after yourself you need to be accountable for your own Health and Wellness that's not a medved's job that's your job so it would be a crime to put someone in a med bed that chose to sit down playing video games all day and eating junk food it would be a crime because you're just sending them back to do it again and there's no accountability for their health there's no desire to want to get better so in a way you could say the methods being released is a bit like dangling the carrot if you want it you elevate yourself if you want the med beds you take care of yourself sitting on your ass all day is not going to get you in a med bed not exercising not being you know not making an effort for a good diet mind and body mind body and soul all in alignment that is your true med bed but in the meantime to get there because we are developing very young developing race the technology is there to assist us assist not do it assist okay only assist so Jason shoker although he loves promoting his ee system is absolutely spot on when it comes to accountability and responsibility for your own mind body and health 100 percent and I support all of that because that's what I've been saying the entire time the entire time I've been saying the same thing okay so if you're thinking oh Jason shirker said this Jason said that Jay yeah he did he said it with reason and he's true in what he says absolutely true 100 and I support all of it to release it to a population that takes no responsibility or accountability for their health is a crime against humanity those who are ready and do take responsibility for their mind body and soul mind mind body and soul health yes it is a gift but only if you make the effort that's it that's it only if you make the effort now I know many of you will say us guys that you're not going to talk my beds anymore I'm not giving you information because I'm not going to receive any new information because I have cut tires with the alliance and the galactics old mid bed information sure but new no okay so put that to it put that to rest okay because I know many of you will say but but okay 17:20

right so just to clarify anyone can be treated regardless of their beliefs in a med bed regardless of their beliefs or their vibrational frequency anyone can be treated now if you're on death's

door of course or you're a child or you have Dementia or mental illness of course you can't take responsibility for your your health obviously okay but if you are of sound mind you can take responsibility for your health okay you can that's where you will be required to work on yourself and get yourself healthy mind body and soul before you go in a med bed all right Med beds are there to elevate you to at least 4D they're not there to just make you healthy so you can continue your sick mind and when I say sick mind I'm referring to I'm sick I have disabilities I have an illness okay that is sick mind not sick mind as in looking at porno and all that the sick mind as in regards to your health okay all designed to elevate you to a higher level of Consciousness therefore a higher level of Health Med beds are not there to do it for you they're there to assist all right thanks everyone take care bye

just an add-on guys I will put the link to Jason Jason shirker's video in the description at the bottom of this video thanks bye